

HOW DO I VOLUNTARILY SELF-EXCLUDE?

You can enroll in VSE by visiting DrinkSense.ca/VSE to make an appointment to discuss next steps. They understand the difficult decision you are making and will support you in any way they can.

You will be asked to present government-issued photo identification that includes your signature, sign an agreement, and have a new photo taken that will be used to confirm your identity. Accepted identification includes a driver's license, a passport, or other identification.

This personal information is collected and used for the purpose of administering VSE in accordance with the Freedom of Information and Protection of Privacy Act.

WHAT HAPPENS WHEN I SIGN UP?

Your picture and the information you provide will be entered into the application used in our controlled entrance Liquor Marts and will be used to identify you in case you try to return to any Manitoba Liquor Marts with controlled entrances. Despite this, there should be no expectation that we will be able to identify you or prevent you from entering.

You may be removed from MBLL's marketing programs but we cannot guarantee that you will not receive marketing and promotional materials related to Manitoba Liquor Marts.

Support is available

HOW CAN I ACCESS SUPPORT?

Participating in counselling along with VSE increases the likelihood of successfully regaining control of a problem with drinking. If you have concerns about your drinking or someone else's, we encourage you to learn more about available help by calling the **Manitoba Addictions Help Line at 1-855-662-6605 (toll-free)** or by visiting sharedhealthmb.ca/services/mental-health/.

FIND OUT MORE

Visit DrinkSense.ca/VSE or call **Manitoba Liquor & Lotteries Corporate Security** 204-957-2500 ext. 8468

Voluntary Self-Exclusion

DRINK SENSE

WHAT IS VOLUNTARY SELF-EXCLUSION—LIQUOR MARTS?

VSE supports your decision to take a break from purchasing alcohol products at Manitoba Liquor Marts with controlled entrances. Enrolling in VSE means you make a commitment not to enter existing or future Manitoba Liquor Mart locations.

HOW LONG IS VSE?

The length of the exclusion period is flexible and is up to you. Your options include:

- 6 months
- 1 year
- 2 years
- 3 years

CAN I EXCLUDE A SPOUSE OR FAMILY MEMBER?

If you are worried about someone who you believe is struggling with alcohol, it is understandable you may want to enroll them in VSE. However, only the person seeking self-exclusion can enroll. No one can make that decision for them.

If you are worried about someone's drinking, the **Manitoba Addictions Helpline (toll-free) at 1-855-662-6605** can provide support and referral to services that can help.

WHAT HAPPENS IF I BREAK MY COMMITMENT?

VSE is only successful if you make a commitment to not enter Manitoba Liquor Marts while enrolled in this program. Manitoba Liquor & Lotteries cannot guarantee that you will be identified or prevented from purchasing alcohol, should you enter while enrolled in VSE. If you are identified, you will be asked to leave the premises immediately.

WILL STORE EMPLOYEES KNOW THAT I HAVE ENROLLED IN VOLUNTARY SELF-EXCLUSION?

No. Information about your VSE request is stored in a system that Liquor Mart employees cannot access. If your ID is scanned at a controlled-entrance Liquor Mart, employees will only see that the ID is not accepted. They will not see why.

Because there are many reasons an ID may not be accepted, employees are instructed to provide any customer in this situation with contact information for Corporate Security, who can discuss the reason the ID has not been accepted.

WHAT HAPPENS AT THE END OF MY SELF-EXCLUSION PERIOD?

If you choose not to return to any Manitoba Liquor Mart, there is no further action required on your part and you will remain enrolled in VSE.

If you choose to end your voluntary self-exclusion once your self-selected time period has ended, there are requirements you will need to fulfill. You must first complete a re-entry exercise provided by MBLL designed to help you develop a plan for returning to purchasing alcohol, if that is what you choose. Then you must formally request re-entry and receive a reply. Only then will your VSE enrollment period be concluded.

**DRINK
SENSE**